



Dr. Joseph Uhrich, D.D.S.



Dr. Jordan Kaplan, D.D.S.

College Drive Dental Associates joins Chicagoland Smile Group

In March 2016 College Drive Dental Associates made a big decision for the patients and the staff, and for the future of the office. We became an affiliate of “Chicagoland Smile Group,” a growing network of dental offices united to bring general and specialty services to patients in the Chicago area. Dr. Kaplan and Dr. Uhrich are proud to announce that they have joined forces with Chicagoland Smile because of the added benefits to their patients.

Because Chicagoland Smile Group will be performing all of the general office duties, such as accounting and finance, Dr. Kaplan and Dr. Uhrich will be able to focus all of their attention on providing the best possible dental care to you, our valued patients. Also, our staff, as well as the dentists, will be able to collaborate across the network of six dental offices in order to share best practices and maintain a high quality of care. We know that our patients will benefit from this connection to other professionals in the dental industry because our team now enjoys access to dental specialists and diagnostic services within the growing network of offices. College Drive Dental’s “teaming up” with Chicagoland Smile Group is an exciting development that we are confident will help us provide quality, friendly dental care.

Introducing...



Dr. Paulina Sek!

We are proud to announce the newest member of our College Drive Dental team, **Dr. Paulina Sek**. Dr. Sek is a graduate of Loyola University in Chicago, where she majored in biology, with a minor in chemistry. She furthered her education at Midwestern University in Phoenix, Arizona, where she studied dental medicine. Dr. Sek is originally from Chicago, having grown up on the city’s northwest side, and she is happy to be back.

Dr. Sek will begin seeing patients here at College Drive Dental in May 2016. Dr. Sek was chosen confidently by Dr. Kaplan and Dr. Uhrich to treat patients in our office, and she looks forward to treating her patients at our state-of-the-art facility. Our patients will find that for their regular dental appointments, or when emergencies

arise, it is nice to know another dentist is available to provide quick assistance. We are certain that she will be a wonderful addition to our team and that patients will find her to be very kind and caring.

The next time you are at College Drive Dental, please introduce yourself to Dr. Sek, and welcome her to our College Drive Dental family!



From the office of
Jordan Kaplan, D.D.S.,
Joseph Uhrich, D.D.S.
& Paulina Sek, D.M.D.

Spring 2016

College Drive
Dental
is also on
FACEBOOK!



**LIKE us on
FACEBOOK!**

Thank you for all your referrals. We appreciate them!

Current events



Jack

❖ The **Ingles family** has a bit of exciting news. **Charles** and **Anna Ingles** welcomed their first grandchild, **Jack**, on September 8, 2015. Jack was born to their daughter, **Jayne**. Their son, **Bob Ingles**, graduated from John Marshall Law School with honors on January 17, 2016, and their daughter, **Jackie Ingles**, graduated with a degree in journalism from Northwestern University. She is currently working for a television station news program in Tampa, Florida. Congratulations to the entire Ingles family!

❖ **Carl** and **Suzanne Nowak** welcomed their first grandchild. Little **James Lawrence** was born to their daughter and son-in-law, **Ashley** and **Jim Eiler**, on January 4, 2016. He weighed 7 pounds 15 ounces. Congratulations to all of you!

❖ **Robert Moyer** did the "Polar Bear Plunge" into Lake Michigan on March 6, 2016, as a fundraiser for Special Olympics. His 12-year-old son, **Ryan**, told us about the event when he was in the office getting his teeth cleaned. He was very proud of his dad and wished that he could join him in taking the plunge, but unfortunately was too young to participate. Mr. Moyer did have a nice cheering section, however.

❖ **Lilly** and **Mike Mazeika** celebrated their 40th wedding anniversary on May 15, 2016. The Mazeikas are also celebrating the 40th anniversary of the business that they started together, **Bicent Insurance Agency**, in Oak Lawn, Illinois. Congratulations on two exciting milestones!

❖ **Stephanie Linquist** graduated from Olivet Nazarene University in Bourbonnais, Illinois, on May 7, 2016. She is receiving a degree in graphic design. Stephanie participated in an art exhibit at Olivet Nazarene on February 25, 2016, where she presented her book titled *Lifebreath*. The book is a compilation of her original poetry, photography, and graphic design. Stephanie is truly a gifted artist and will be quite successful in her future. Best of luck, Stephanie!



Stephanie Linquist

❖ **Nicholas Farrell**, the 14-year-old son of **Tim** and **Amy Farrell**, will graduate eighth grade from Mokena Junior High School on May 25, 2016. He will be attending Lincolnway Central High School in the fall. In addition to graduation, Nicholas has had a busy springtime. He made his Confirmation at St. Mary Catholic Church in Mokena on February 13, with his brother **Brendan** acting as his sponsor. He also participated in a baseball tournament in Wheeling, Illinois, on March 25 and 26, with his team, the Lincolnway Prospects. They took first place in the tournament. Congratulations, Nick, on all your accomplishments!



Brendan and Nicholas Farrell



Nicholas Farrell with his baseball team.

One of our interesting patients— **Bernice Schaver**

Bernice Schaver has been a patient of Dr. Urich's since 1983. She always comes into the office with a smile on her face and a friendly disposition. At her most recent dental visit, she talked about herself and we found what she had to say very interesting, so we thought we would share it with you.

Bernice is 81 years old, but has the energy of someone half her age. She says that people often tell her that she looks like she is 50. Bernice says that she owes that to her "farm girl" upbringing. Her parents were farmers and she was plowing fields on a tractor at the age of 14. As a young adult she met and married a preacher's son. She and her husband had seven children, which resulted in 19 grandchildren and 28 great-grandchildren. She helps out with babysitting for some of the great-grandchildren, which she says keeps her young and busy.

Besides being the matriarch of her family, she has held many jobs over the years. She has worked in churches, was a school bus driver, and was a manager at Heinemann's bakery for 10 years. Although she doesn't hold a job anymore, she still keeps very active. Her love for her family keeps her happy and youthful. Bernice is an interesting person to talk to, and someone we wanted to introduce to you.



Upstairs parking

We have plenty of parking in our lower-level parking lot for your use during your dental appointments. Simply drive down the hill, park your car, and walk in the door to our office. However, in the event that you do not feel comfortable driving down the hill, there is an upper-level parking lot that you are welcome to use. The doors upstairs are open during regular office hours, 9:00 to 5:00. If you are coming before or after those hours and wish to come in through the upstairs doors, please call our office from your cell phone at **(708) 361-4626** and someone will be up immediately to let you in. You will then be able to walk down the indoor stairs to our office level.

We realize that some people are nervous to drive down our ramp during bad weather, and we want them to know that the upper-level parking is available to them.

Please DO NOT attempt to walk down the hill on foot. If you have any questions, please call our office. Thank you.

Recipe corner

With the summer picnic season upon us, here is a recipe for your next get-together:

Broccoli Salad

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|--|-------------------------|
| 6 cups broccoli florets | 3/4 cup mayo |
| 1/2 pound bacon, fried crisp and crumbled | 2½ tablespoons |
| 1/2 cup chopped red onions | apple cider vinegar |
| 1/2 cup dried, sweetened cranberries or golden raisins | 1/3 cup sugar |
| | 1/2 cup sunflower seeds |

Wash and drain broccoli. Cut it into bite-size pieces and place in a large mixing bowl. Add bacon, red onions, and dried fruit; stir to combine.

In another bowl, combine mayo, vinegar, and sugar, and mix until well blended. Pour dressing over broccoli mixture and toss to coat. Cover and refrigerate for at least 4 hours. Just before serving, sprinkle sunflower seeds into salad and toss to mix. Serve cold.



Check out our *new and improved* website!

Visit www.collegedrivedental.com for a wealth of information about College Drive Dental Associates. Besides being able to get our office hours, address, and phone number, you can get an overview of our services offered. If you click on the "about us" link, you will find bios on the dentists, hygienists, and staff at College Drive Dental. You also have the opportunity to write a review about your experiences with us, or email us with questions or concerns.

Please check us out!

www.collegedrivedental.com



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The information included in this newsletter is not intended as a substitute for dental advice. For your specific situation, please consult our office.

COLLEGE DRIVE DENTAL ASSOCIATES

7550 College Drive
Palos Heights, IL 60463

Office Hours

Monday & Tuesday 8:00 a.m.-8:00 p.m.
Wednesday 8:30 a.m.-5:00 p.m.
Thursday 9:00 a.m.-5:00 p.m.
Friday Closed
Saturday 8:00 a.m.-Noon

Appointment and

Emergency Phone:
(708) 361-4626

Dr. Jordan Kaplan.....Dentist
Dr. Joseph Uhrich.....Dentist
Dr. Paulina Sek.....Dentist
Maureen... Dental Hygienist/
Office Manager
Sharon.....Dental Assistant/
Office Manager
Amy.....Dental Hygienist
Ann.....Dental Hygienist
Deanna.....Dental Hygienist
Lydia.....Dental Hygienist
Dina.....Receptionist
Georgie.....Dental Assistant
Lisa.....Dental Assistant

**COLLEGE DRIVE
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7550 College Drive
Palos Heights, IL 60463

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A "new look" at College Drive Dental

A new look is coming to College Drive Dental! We will be doing some remodeling that will include updated flooring, painting, a sleek front desk area, and a patient consultation room. Even our sign out front will be new! Watch for these exciting changes at your upcoming dental visits!



Our location

